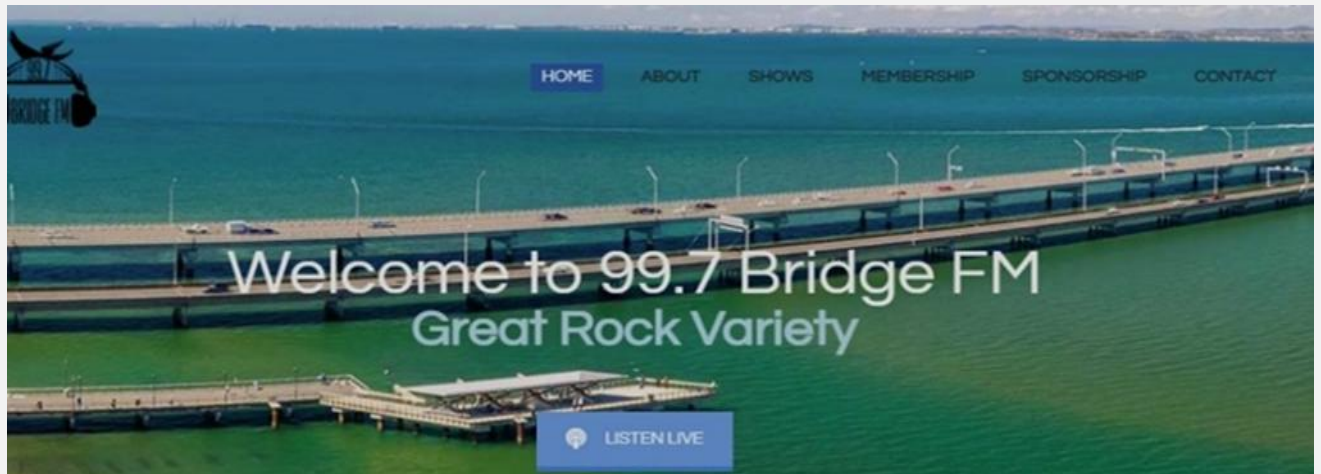


*Hello Great Rock Variety music lovers*



*"I got to get my fun, take me to the April sun" (Dragon, 1977)*

### ***Pic of the Month***



Well, here is the long and short of it, Pam and Sharon (Fridays 9-12) were recently joined in the studio by Trad McLean, media manager, NRL Dolphins. Trad shared some great information about his Rugby League background and current role with favourite local team. Trad also brought in giveaway Dolphin caps for some lucky listeners. Great work all!



***Welcome to new members 99.7 Bridge FM, March – April***

**Aaron, Ashley, Allan, Bradley, Christine, Craig, Elso, George,  
Jason, Jodie, Peter, Rob, Sandi, Stephen, Travis R**



**99.7**  
BRIDGE FM

**EASTER FOOD  
DRIVE**

**99.7**  
BRIDGE FM

**LEAVE AT STATION RECEPTION  
75 ANZAC AVE REDCLIFFE MONDAY FRI 10-2**

***Our Easter Food Appeal for 2025 is on again  
Help support those in need in our community  
We're accepting all non – perishable items food items such as***

- ***Cereal***
- ***Pasta***
- ***Tea and coffee***
- ***Tinned Foods***

***Drop your donations off at our studio, 75 Anzac Ave next to Redcliffe  
Museum, Mon - Fri between 9am - 2pm until Friday 11<sup>th</sup> April***

***This year, your donations will help the Redcliffe Breakfast Club  
feed those in need in our community.***

**UPCOMING EVENTS**

<i><b>WHAT</b></i>	<i><b>WHERE</b></i>	<i><b>WHEN</b></i>
Blue Water Festival OB	Shorncliffe Pier	Friday 18 April 2025
Anzac Day	TBA	Fri 25 April 2025
Aspely Special School Disability Expo OB	Aspely Special School 751 Zillmere Rd Zillmere	1 May 2025, 9 – 11am
<b>*** OPEN DAY (rescheduled)</b>	99.7 Bridge FM, 75 Anzac Ave, Redcliffe	<b>28 June 2025, 10am – 1pm</b>

***\*\*Whats happening at OPEN DAY\*\****

- ***Check out opportunities to Volunteer***
- ***Become a member***
- ***Sausage Sizzle / soft drink / coffee cart***
- ***Raffles and prizes***
- ***Membership prize draw at midday***
- ***Funds raised on the day support the Raise it for Redcliffe – Redcliffe Hospital***
- ***Hot rod display***
- ***Pooches welcome – get your free dog lead***
- ***Opportunity to record your voice in our production studio***



**You can even get to  
meet some of the  
99.7 Bridge FM Crew**

**← (like Gav) →**





**CONGRATULATIONS DONNY & ATCHO**  
**500 HUMP Shows!**

***Well done and Best Wishes for the next 500!!***



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***Volunteer Information Session, 99.7 Bridge FM***

99.7 Bridge FM recently held an Information morning for members who indicated interest in becoming active volunteers with the station. Thank you to those who attended. Hopefully the session was informative and useful. If you are interested in becoming a volunteer at 997 Bridge FM

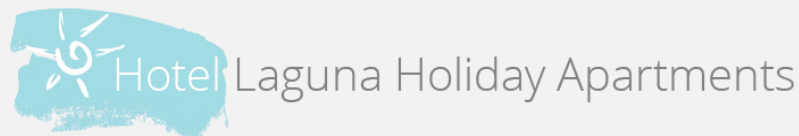
Rsvp: [reception@997fm.com.au](mailto:reception@997fm.com.au) or [Pam@997fm.com.au](mailto:Pam@997fm.com.au)

## **Our Membership Drive is now on!**

- **Join now for just \$5.00**
- **All new and renewed memberships are valid until 30<sup>th</sup> June 2026**
- **Go in the draw for your chance to win fantastic prizes**
- **Join online at <https://997fm.com.au>**
- **Call into our studio 75 Anzac Avenue Redcliffe between 9 and 2pm Monday to Friday**

### **FIRST PRIZE**

- **Two nights accommodation for two adults at Hotel Laguna Noosa – (valid from 1<sup>st</sup> August 2025)**



### **SECOND PRIZE**

- **Double adult pass – A 2 hour Moreton Bay Sunset Cruise on Dolphin Wild Island Cruises departing from Newport Marina**



**Prizes drawn at midday on Saturday 26th June at 997 Bridge FM Open Day.**

## ***Random acts of kindness – Wyde and Emma***

Wyde, from The Toybox (Thurs 7-10pm) had the great idea of buying flowers to give away to a lucky listener for Valentines' Day so he visited Redcliffe City Florist (RCF). When he mentioned why he wanted flowers, Wyde and Emma from RCF came to 'an arrangement' – Wyde's words, resulting in Redcliffe City Florist sponsoring the prize.

***Lovely gesture from both Wyde and Emma.***

Here is a pic of the winner, Alistair with Emma from RCF.

The ultimate winner was Alistair's wife who received a lovely surprise when he arrived home.



***HOLD THE DATE – AGM***  
***Sunday 19 October 2025, 10am***  
***KOMO Redcliffe***

**Due to changes to the Constitution at last year's AGM along with recent Board changes, the following positions will be declared vacant at the AGM in 2025 and will be up for election:**

- \*President**
- Vice President**
- Secretary**
- Grants Coordinator**
- \*Public Relations Director**
- \*Technical/IT Coordinator**

**\*= one year term in line with the Constitution.**

***Managing emotions tips***

***“Emotional dysregulation refers to difficulty in managing emotional responses, leading to intense, unpredictable or inappropriate reactions.***

***While everyone experiences strong emotions, if you are struggling with emotional dysregulation you may have trouble controlling anger, frustration, anxiety or sadness.***

***This can result in impulsive behaviour, interpersonal conflicts or difficulty adapting to stress.***

***Tips for managing emotions include:***

- Don't Take It Personally***
- Practice Emotional Detachment***
- Model Emotional Regulation***
- Set Boundaries and***
- Seek Help When Needed”.***



To find out more go to: EAP Assist <https://eapassist.com.au/>





***Be part of something powerful! The Focus on Ability Short Film Festival celebrates the achievements of people with disability, challenging perceptions and inspiring change.***

***Create a short film or documentary (under 5 minutes) showcasing talent, strength, and inclusion for a chance to win over \$100,000 in prizes and have your work featured on national TV and free screenings across the country.***

***Entries close July 1—don't miss your chance to make an impact! Entry is completely free, and your film could be seen on the big screen during our nationwide tour in September and October.***

***Got questions? Email us at [admin@focusonability.com](mailto:admin@focusonability.com)***

***Link to video above:***

***<https://www.youtube.com/watch?v=z5KxIklyQlw>***





# 99.7 Bridge FM - MORETON MEDIA GROUP INC

## Newsletter, Issue 3: April 2025

### *Who is who at ... 99.7 Bridge FM 2025*

**\*\* Please note recent Moreton Media Group Inc Board changes**

*Don Gailer	President
*Bernie Ring	Vice President
Peter Schofield	Treasurer
Sue Gledhill	Secretary
*Ron Hailes	Public Relations Director
*Derek Brown	Acting Grants Coordinator
*Shaun Carrett	Technical/IT Coordinator

#### *Station Management*

Ray Kerr                      Station Manager

#### *Administration*

Denise, Pam, Linda, Neill, Richard, Donna

#### *Department Leaders*

Ken McHugh                Safety Coordinator  
Gavin Kett                   Sales Consultant

*Events/OBs:* Bernie R, Anita, Big Jon

*Gift Fund:* Ron, Fran, Peter

*Grants (research/applications):* Derek, Fran

*IT/Tech Manager onsite:* Shaun

*Membership:* Pam, Suzy, Shaun

*Policy development:* Suzy, Jay

*Production:* Mr Grumpy, Josiah

*Programming/On Air:* Ray, Big Jon, Dave

*Safety:* Kenny

*Sales:* Gavin, Anita, Denise

*Transmission/Engineering:* Andy

*Website:* Peter (Brownie) <https://997fm.com.au/>

**99.7 Bridge FM website: <https://997fm.com.au>**

**Facebook page: <https://.facebook.com/997bridgefmradio/>**

**Community Hub on fb**  
**<https://www.facebook.com/groups/1939270186397349/>**

**If you have any items/comments/contributions that you would like considered for the next, or future Editions, please contact: [secretary@997fm.com.au](mailto:secretary@997fm.com.au)**

*You have received this mail because you have subscribed for a newsletter at 997BridgeFM. You can always unsubscribe from our mailing list, by clicking on [Unsubscribe](#) You can also reply to this message, including unsubscribe in the topic.*

**\*\*New Show Mondays 7 – 9pm**

*A BIG Welcome to **Shaun Bindley** who will be hosting our brand new Blue's show called "Blue's with a Feeling" on a Monday night from 7pm to 9pm, check out his website. <https://shaunbindley.com/>  
[#bluesrock](#) [#communityradio](#) [#bluesmusic](#)*

